

APPENDIX 3

North East & Cumbria Learning Disability Network Work		
May 2020 - September 2020 (COVID-19)		
Area of Work	Lead	Facilitation
Positive Behavioural Support		
1. NHS Programme	Judith Thompson	Kirsty Greenwell
2. Website development		
3. Post recruitment		
4. Coalition		
5. Webinar		
6. Families		
7. Trailblazer		
8. Communities of practice		
9. Conference		
Keeping People Connected - PRIORITY		
1. Weekly Assurance / Monitoring	Judith Thompson	Julie Tucker & KirstyGreenwell
2. Escalation as needed		
3. Secure additional funding		
4. Succession plan post COVID - 19		
Dysphagia		
1. Virtual steering group	Judith Thompson	Kirsty Greenwell (Amy Hocking to handover)
2. Covid - 19 impact		
3. Refresh priorities - pathways		
Acute Care Pathways		
1. Plan implementation	Judith Thompson	Kirsty Greenwell (Amy Hocking to handover)
2. Collateral selected and ordered		
Cancer		
1. Be Cancer Aware	Julie Tucker	
2. Virtual steering group		
3. Margarets story (online training)		

4. Social care resource pack	JUNE TICKET		
5. Conference			
6. Health Quality Checking			
7. End of life (review of Deciding Right documentation)			
A2A network		Judith Thompson	Kirsty Greenwell
1. Virtual steering group			
GAPS network		Judith Thompson	Kirsty Greenwell
1. Virtual steering group			
2. Annual Health Checks	Judith Thompson	Kirsty Greenwell	
CCG clinical leads network	Judith Thompson	Kirsty Greenwell	
1. Virtual steering group			
NE & C learning disability network	Judith Thompson	Kirsty Greenwell	
1. Virtual steering group			
Flu			
1. Final data set 2019/20	Judith Thompson	Kirsty Greenwell	
2. Continuous yearly analysis		Kirsty Greenwell	
3. Flu plan 2020/21		Kirsty Greenwell	
Cumbria satellite	Judith Thompson	Kirsty Greenwell	
1. Virtual steering group			
Impact statement			
1. Prepare content	Judith Thompson	Whole team	
2. Design and deliver		Whole team	
3. Website development	Judith Thompson	Kirsty Greenwell	
LeDeR			
1. Virtual steering group	Judith Thompson	Kirsty Greenwell	
2. LeDeR film			
3. NHS England performance management			
4. COVID - 19 death related reviews			
5. Learning in to action			
Network funding	Judith Thompson	Kirsty Greenwell	
1. MOU finalised and circulated			
Annual Health Checks	Judith Thompson	Kirsty Greenwell	
1. Awareness raising campaign			

Diabetes	Judith Thompson	Kirsty Greenwell
1. Pilot for Type 2 structured education		
Learning disability matters for families	Judith Thompson	Kirsty Greenwell
1. Virtual editorial group / website maintenance		

North East & Cumbria Learning Disability Network Tackling Inequalities & Reducing Variation Work Plan (May - March 2021)

	Population Health	Access to Physical Health Services	Prevention & Early Intervention	Partners/collaborators	Impact Needs Assessment
Project					
Macmillan Cancer Project					
Be Cancer Aware training	Raising awareness of cancer within learning disability community. Using volunteers to co-design and deliver.	Section of training looks at accessing services	Training includes: risk reduction, early diagnosis and screening	Experts by experience from across cumbria and North East, CRUK, Macmillan, NCA	
Margarets story training		Training health, social care and CVS to consider how to support people with learning disability on specific disease pathway (cancer) who are palliative.		Expert by experience, Sunderland CLDT, St. Benedicts hospice, Palliative care consultants	
Social Care resource pack			Cancer screening resource pack aimed at social care providers	Durham CLDT, Screening and immunisations team	
Health Quality Checking			Developing and testing new quality checks for screening	Skills for People, screening and immunisations Team, Quality Assurance, screening hub and centres	
End of Life		Resource development and comms plan for primary and secondary care.		End of life network, Macmillan, experts by experience	
Keeping People Connected					
Phase 1			As an urgent response to COVID-19 pandemic project set up, CVS organisations identified & major communication campaign to promote service. Aimed at people with learning disability/autism not currently known to health/social care services.	Inclusion North, Community Voluntary Sector & CCG's	
Phase 2			Support provided to approx 1600 people across NCNE at levels including 'intensive', 'high', 'maintenance', 'no ongoing'		

Phase 3 & beyond			KPC embedded within Enhanced Community Models providing ongoing & sustainable support for people with learning disability/autism across NCNE providing low level support & prevention interventions.		Yes
LeDeR					
LeDeR film	Raising awareness of the LeDeR programme and responsibility of professionals in notifying and reviewing deaths of people with a learning disability.			Stop People Dying Too Young Experts by Experience, Directors of Nursing CCG, Acute Trusts, Specialist Trusts,	
Learning in to action			Using the learning in to action from LeDeR reviews in NE & C to develop key priorities for prevention and early intervention and reduce premature mortality.		Yes
Covid19 related deaths			Reviewing Covid19 related deaths within the region to inform future learning and practice.		Yes
Flu					
Flu plan 2020/21	Flu plans developed to support flu immunisation of people with a learning disability (all ages).	Supporting to develop regional strategies being developed to support access during Covid19	Supporting the development of communications for people with learning disabilities, families and social care providers to increase the uptake of flu immunisations.	GAPS, A2A CCG Clinical Leads & NHS screening & immms	Yes
Annual Health Checks					
Supporting delivery of AHC's (Covid19)		Improving the quality of AHC's through development of a pre-questionnaire and primary care resource pack with resources and guidance around MCA, reasonable adjustments etc.	Social care resource pack developed for social care staff reminding them about AHC's for people with a learning disability with supporting resources and guidance and using the pre-questionnaire to support AHC appointment .	GAPS, A2A, CCG Clinical Leads & experts by experience	Yes
Awareness raising campaign	All people with a learning disability age 14+ are entitled to a AHC. Various campaigns being run to target adults and CYP.		Campaigns promoting uptake and quality of AHC with people with a learning disability. Opportunity to identify any health / social issues earlier.		Yes
Learning Disability Dysphagia Network					
Learning & sharing best practice			Sharing best practice, learning and education with a wide workforce across health and social care and family carers.		
Regional pathways		Development of regional pathways to support access to dysphagia services for people with a learning disability across health and social care settings.		Specialist Trusts, Speech & Language leads, GAPS & CCG Clinical Leads	Yes
Tackling Obesity					

Type 2 diabetes		Development of a type 2 diabetes reasonably adjusted structured education course delivered by professionals and people with a learning disability to manage their type 2 diabetes. Access via primary care.	Reasonably adjusted course would ensure wider success in people with a learning disability being able to manage their type 2 diabetes.	Northern Diabetes Networks (adults & children), CCG's, Experts by Experience & Diabetes UK	
Diabetes Prevention	Development of a peer education course raising awareness diabetes prevention which includes buddy service, cooking classes, healthy lifestyle awareness and encouragement.		Course would raise awareness to those who are pre-diabetic for early intervention and prevention.		Yes
Workforce					
Strategic workforce development managers	ICS wide learning disability workforce strategy in place. X3 posts to strategically support implementation across whole population.		Strategic workforce development managers to implement strategy across the region.		
PBS for families			PBS training co-designed & delivered by and for family carers including family resilience	Skills for People, PBS steering group	
PBS coalition & communities of practice			Coalition & communities of practice developed across NCNE for health & social care providers to establish region wide gold standards, share best practice, support recruitment & retention	Social Care providers across NCNE	
NHS PBS programmes			Accredited programmes of learning with Northumbria University (including e-learning and face to face content) which will support practice based learning initially for the NHS workforce to upskill providers to work preventatively to avoid the need for admission to hospital and to support people effectively on discharge.	Northumbria University & PBS steering group	
PBS trailblazer			Design & establish PBS apprenticeship role to be delivered across NCNE	PBS steering group, social care & NHS providers & HEE	Yes
PBS website			Development of a new PBS website including advice, guidance, learning tools and information aimed at professionals and families.	PBS steering group, Dotty About Design	
Children & Young People					

Learning Disability Matters for Families website	Website developed and continues to be developed aimed at families of children and young people with a learning disability.	Information and guidance supporting families on how to access health services eg: Primary and Acute care, specialist services	Practical information and support for families with children or young people they think have a learning disability or have recently had their status confirmed.	Inclusion North, Paediatrics & Families	
Acute Diamond Standard Pathways					
Learning disability acute diamond standard pathways	Regional pathways developed to support adults with a learning disability using acute care through core values and principles, planned admission, emergency admission and discharge.	Streamlined regional pathways which meet NHS Improvement learning disability standards. Pathways ensure people with a learning disability have equal and equitable access to acute care.			Yes
Learning disability awareness e-learning acute hospitals	It is expected that learning disability awareness training will become. We have developed training to support diamond standard pathway roll out and learning disability awareness training for all staff.	Training contains information about reasonable adjustments, hospital passports, learning disability liaison role and learning disability awareness training for all staff to ensure they can provide equal and equitable access to acute trust for people with learning disabilities, their families and carers.	Training developed to ensure whole workforce receive learning disability awareness training regularly. Education of workforce will ensure correct pathways, reasonable adjustments and legal documentation in place. Ensuring early intervention when accessing hospital and ultimately reducing premature mortality.	A2A & Acute Trusts (whole workforce)	Yes

LD SIG Thematic Tool/ Action Planning - 2019/20

KEY
Preparation In progress
Action in progress
Action completed
Action overdue

					Status				
What are our priorities ?	Where has the idea come from ?	What will we be doing ?	What will the impact be - how can we evidence this?	Lead	Action completed	Quarter 4 (2020) January-March	Quarter 1 (2020) April-June	Quarter 2 (2020) July-September	Quarter 3 (2020) October-December
To improve uptake of cancer screening for people with LD	Local and national intelligence regarding poor uptake of cancer screening for people with LD	To devise a resource pack which will be professionally designed for use within Primary Care Undertake cancer screening workshops for people with LD and their carers	Better understanding of cancer screening and pertinent issues concerning people with LD Improved uptake as evidenced from Business Intelligence (BI)	Health Facilitation team (MH) Primary Care Macmillan Team	Action completed	Funding has been secured to deliver a LD specific workforce training programme, which will train a range of professionals and include cancer screening.	Macmillan/NHSE work, including Primary Care bowel flagging , quality checker programme, Easy Read communications shared at SIG and circulated locally.		
To support Care Homes with better understanding of certain health conditions and recognising deterioration using early warning tools	Learning from death reviews - we know aspiration pneumonia and sepsis are main causes of death and that there have been deaths caused by constipation 'Enhanced Care in Care Homes' framework	Dedicated training sessions on constipation, dysphagia, recognising deterioration for Care Home providers across County Durham, including anonymised patient's stories taken from the reviews. Increasing awareness of Stop and Watch tools Individual training by HFT for identified Care Homes	Potentially fewer hospital admissions related to aspiration, constipation Decrease in mortality from sepsis due to early intervention Information will be evidenced within LeDer reports and local intelligence	LAC (KL) in conjunction with SALT team and CDDFT Constipation Specialist Nurse (MH)and HFT Karen Thompson Durham County Council	Action in progress	Sept 2020 dedication session for Primary Care LD Leads cancelled due to COVID pandemic. Workforce planning still underway, including individual support, updating EHCs and GP alignment to Care Homes.	COVID 19 pandemic work taking priority. Support and virtual training sessions for Care Homes underway, around PPE, Infection Control. Range of information and resources circulated to all stakeholders regarding risks and how best to support people with LD. Keeping People Connected initiative		
To improve understanding of MCA / BI decision making, ensuring this is "everybody's business"	Learning from death reviews - we know there is much confusion around MCA/BI	Dedicated training sessions for Practice Managers around how they can support MCA/BI processes within Primary Care Initiate an "Act on Capacity" campaign to include production of information leaflets and adding MCA section on AHC template	We will see evidence within future LeDer reviews of MCA/BI decisions being made within primary care	LAC (KL) in conjunction with Safeguarding team (TD) and HFT	Action in progress	PLT session for Practice Managers held including powerful patient story. Session well received MCA "everybodys business"	Costings for leaflets and logo not an issue, working group to finalise format of information to be circulated Still need to confirm prompt on AHC template		
Improve implementation of EHCs for people with a learning disability	LeDer Reviews have in some cases demonstrated lack of planning in relation to EHCs and poor quality of plans	Coordinate with the Commissioning delivery lead on the CCG work to improve EHCs	Improved quality of EHCs for all patients but for LD patients this should be visible through the LeDer reviews moving forward.	LeDer reviewer Liz Ward	Action completed	Contact made with the CCG CD lead. Work in progress and beign clinically led to improve the process across the CCG. This work is being delivered through the CD work plans	Robust plan in place by multiagency task force led by CCG, which includes Trust widestandard operating procedure for EHCs and electronic template which can be shared with NEAS and training package on gold standard EHCs		
Ensure GP LD Registers are accurate and complete, using correct coding	BI information suggests large variation in registers. Experiential information from professionals and findings from LeDer reviews also tells us there are issues regarding accuracy of LD registers	Arranging a Workshop for Practice Managers to further understand issues and advise Discuss with Primary Care LD Lead whether there is a need to put on a formal session for GPs	Cleansing of data and accurate LD registers as evidenced from BI data, Leder reviews and anecdotal evidence from LD teams.	LAC (KL) and MH	Action completed	Training session for Practice Managers cancelled, however work underway to produce "Top Tips" for Primary Care , in conjunction with CCG LD GP Lead	"Top Tips" information and step by step guide on how to update on GP Registers has been developed and widely shared with all practices		
Case Review of High Cost Residential Care packages	people with Learning Disabilities should have access to good quality housing/support and team managers raised concern about the quality of some of the specialist res care homes, there was also a need to robustly monitor our out of county placements with a view to reprovide if appropriate	Review all people with learning disabilities in specialist residential care with emphasis on quality, safeguarding, choice. To look at oportunites to move into good quality accomodation with support if appropriate	Reduction in the amount of specialist residential care. Increase in supported living and housing. Reduction in people living in other LA areas.	Judith Richardson	Action ongoing	Funding secured by DCC to provide 1 team manager 2 social workers to complete the reviews			

<p>To improve clinical investigations and blood monitoring for people with LD</p>	<p>We know many people with learning disabilities have needle phobias</p>	<p>Exploring the possibilities for clinical testing through single pin prick blood sampling for people with LD who have needle phobias or where venous access is difficult</p>	<p>Increase in the number of AHCs and compliance with necessary medical procedures will be reflected within LeDer reviews</p>	<p>Michaela and Sean Health Facilitation team</p>	<p>Action completed</p>	<p>Normal pathways exist, regarding referrals to HFT to support with needle phobias and non compliance. Point Of Care Testing currently being discussed within LD teams to consider whether this could become part of their service in the future</p>	<p>Pilot underway at x 1 GP practice to test effectiveness of pin prick testing for cholesterol and prediabetes screening in order to understand effectiveness of testing ie., how many patients then go on to need treatment.</p>		
<p>To ensure healthy lifestyle information is made available for people with learning disabilities such as Stop Smoking advice.</p>	<p>We know there is a high incidence of deaths from pneumonia and cancer related conditions exacerbated by smoking We also know that people with learning disabilities do not always receive information that is accessible to them</p>	<p>Working with Durham local authority Public Health to ensure information is Easy Read and accessible</p>	<p>We will see evidence within future LeDer reviews and soft intelligence that more information is made available around healthy lifestyles</p>	<p>Health Facilitation team (MH) Kirsty Wilkinson - Public Health Durham County Council</p>		<p>ABL Health Ltd were awarded the contract for the Smokefree County Durham service. Within the contract specification for the provider there is a specialist post relating to mental health and learning disabilities. The job description for this post is being drafted (and we would be grateful for any support from LD and MH specialists to develop the role) The post will be responsible for making links</p>			

Ideas for future Work Projects

- 1) Co-ordination of effective Discharge Planning
- 2) Commissioning pathways during hospital admissions when Care Home need to visit/advocate
- 3) Review processes and pathways for individual spending of personal finances for people with LD